

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2019
FOR
MINDSONG**

Andorran Limited
6 Manor Park Business Centre
Mackenzie Way
Cheltenham
Gloucestershire
GL51 9TX

MINDSONG

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FOR THE YEAR ENDED 31 DECEMBER 2019**

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MINDSONG

REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31 DECEMBER 2019

TRUSTEES

Helen Owen Chair
Sylvia Ardron Secretary
Katy Bagnall
Elaine Grunbaum Treasurer
Anthea Holland
Cecil Sanderson
Philippa Shaw
Mitchell Watkins (appointed 24.6.19)

PRINCIPAL ADDRESS

28 Vine Way
Tewkesbury
Gloucestershire
GL20 5FJ

REGISTERED CHARITY NUMBER

1177043

INDEPENDENT EXAMINER

Andorran Limited
6 Manor Park Business Centre
Mackenzie Way
Cheltenham
Gloucestershire
GL51 9TX

MINDSONG

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2019

The trustees present their report with the financial statements of the charity for the year ended 31 December 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

About Mindsong

Mindsong was the brainchild of our founders Dr Anthea Holland and music therapist Jane Crampton, and began in 2006 as a one-off outreach project for Three Choirs Festival, Gloucester. We became a charity in 2012 and changed to a CIO (Charitable Incorporated Organisation) in February 2018.

We work mainly in care homes and day centres, and in people's own homes, providing three core services: Music Therapy, Music Therapy @ Home and Meaningful Music singing groups. Other services are staff training in the use of music in dementia care and, in the wider community, we provide training and support to professional musicians in running dementia sensitive sessions in care homes.

Objectives and aims

The charitable objectives, as stated in the governing document controlling the charity are to promote and protect the physical and mental health of people with dementia, other neurodegenerative conditions, and other health conditions where music would have a significant impact, and of those who care for them, through the provision of music therapy, meaningful music, education, support and practical advice.

Our Mission statement

We reach people with dementia through music and song, unlocking memories and offering hope and joy in a world where words and thoughts are lost.

Our values

We want to see music accepted as an integral part of older peoples' care; appearing in strategy documents and embedded in care plan thinking. We aim to lead the way in making music accessible for people with dementia across the county and regionally.

Significant activities

Mindsong has three main services. Music Therapy @ Home, Meaningful Music singing groups in care homes (led by 400 trained volunteers) and Music Therapy in care homes. We also train professional musicians to work with people who have dementia. We work throughout Gloucestershire and the edges of bordering counties. Our HCPC registered therapists work with people who have advanced and complex dementia.

Public benefit

The Trustees are aware of their responsibilities with respect to public benefit as defined by the Charities Act (2006) and they are confident that the activities of the charity deliver significant public benefit to participants drawn from a wide variety of sources within the local area. We act to ensure that no person is excluded from our activity where there is space for them and the appropriate equipment and support is available.

How we meet our objects

Mindsong provides a range of therapeutic services to people with mid- to late-stage dementia, and other neurological disorders such as Parkinson's and Huntingdon's disease, who live in care homes and private homes or who are resident on hospital wards or attend day centres.

We use highly skilled, HCPC (Health & Care Professions Council) registered music therapists (all of whom are educated to post-graduate level) to provide our music therapy services.

Our Meaningful Music Singing Group service is provided by our volunteers (many of whom are ex-health and mental health professionals) who are trained and supported by our Volunteer Manager and her team.

We also take on additional projects where music can have a significant impact on health.

MINDSONG

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2019

OBJECTIVES AND ACTIVITIES

Who we work with

People who have mid to late-stage dementia and who live in care homes, or are being cared for in their own homes, are often assumed to be the least able to participate or contribute in any activity. As well as problems with memory and confusion, people with dementia may experience challenges with verbal communication and social interaction, anxiety and depression. Difficulties with co-ordination and hearing/visual impairment may add to their communication problems.

Mindsong enters someone's life during its final phase. We believe in giving people with dementia a voice and enabling positive participation and contribution. We deliver our services with respect for those at their most vulnerable. Those we work with are at the centre of all that we do.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

2019 was yet another year of growth. Both our core strands of work developed new ways of working and expanded the numbers of people reached.

Music Therapy @ Home, together with music therapy in care homes, had capacity increased with the recruitment of additional therapists from the Bristol area. During 2019 we had therapists working in 13 care homes.

We began to raise our profile and a highlight was our inclusion in Cheltenham Science Festival with BBC Radio 4 World Service: Can Singing improve our health?

A well-received article published in the British Journal of Music Therapy: Mindsong, music therapy and dementia care: collaborative working to support people with dementia and family carers at home.

Breathe in Sing out: this NHS funded service for people with COPD and persistent lung conditions continued into its 2nd year. Groups increased from 5 to 7 with an average of 15 people attending per group. To highlight the benefits of this new service a film was made and we offer our thanks to the participants who shared their stories.

A new Website: as the service grew we needed to update our site. Our thanks to F8 for their help...and patience!

Together in Song: two were held - one in Highnam in the Spring and one in Cirencester in October. These were both a huge success with approximately 128 people. It was an opportunity for the two strands of Mindsong, the singing group team and the music therapists, to work together and create what were in both instances, joyful occasions.

Welcome Ceremonies: we continued to participate, singing at 6 ceremonies. We sung a mixture of British flavoured songs, a ceremonial song for the new citizens to process into the Coroner's Court where the ceremonies take place, and a 4 part a capella rendition of the National Anthem! The clerks, the Deputy Lieutenant and the Chairman of the County Council take the ceremony and they always comment that the singing really lifts the proceedings and that it is sadly dry without our input.

New initiatives

A Place in the choir: a simple document that we have put together this year to encourage choir leaders to support and enable members of their choir who have been diagnosed with dementia, to stay and sing in the choir community that they have been part of in some cases for many years.

Community Dementia Link Training: led by 2gether Trust Dementia Education Team the course covered the brain and dementia, the environment, communication, person centred care and the 5 psychological needs of someone living with dementia plus practical skills and project planning.

MINDSONG

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2019

ACHIEVEMENT AND PERFORMANCE

The Big Memory Sing: a partnership initiative organised by Mindsong's Cirencester Coordinators, the team at OSJ and Nicola Rowe, the admiral nurse. It was extremely well attended, 115 visitors, care home staff and volunteers both from our team and from The Lakes. An uplifting event, with a packed room and some moving feedback and testimony: one woman stood at the end of the event and introduced herself and said she'd been so happy singing this afternoon, and bless us all! Another woman approached one of our volunteers and said she'd cried for an hour next to her husband who had sung for the full hour having not sung for 5 or 6 years since his diagnosis, he used to sing in a male voice choir. BBC Glos reported the event.

Music Therapy - Music Therapy at Home (MT@H)

This is a highly personalised service for people with late-stage or complex dementia symptoms and their family carers. Every couple receives 12 weekly sessions of music therapy in their own home. The therapist also works with the carer/family to identify particularly challenging times/situations and develops personalised music strategies to put in place to support these times as well as the couple's general well-being and care.

We work in partnership with Community Dementia Nurses, Dementia Advisers (Alzheimer's Society), Mental Health and Later Life Teams and GPs, all who regularly refer to this service.

A team of trained Carer Assessors work alongside the therapists for initial and post assessments. All have prior clinical experience and are skilled in making relationships quickly, listening carefully and being able to assess situations promptly. Time spent listening to family carers is invaluable in understanding the different personal circumstances of our clients, but is also proving hugely supportive for the family carers.

"It's like a blanket.....all my pain disappears." - person with dementia speaking about Music Therapy.

Overall benefits of the service are manifold, and include improvements to well-being, communication, confidence, relationships and reduced anxiety and stress for both the person with dementia and family carer.

Numbers reached (2019): 52 cases (48 couples and 4 people with later stages of dementia living on their own). Some people in particularly vulnerable situations received more than 12 sessions of music therapy.

Volunteers - Meaningful Music Singing Groups

Volunteers are trained in working with people with dementia using our bespoke training and support programme before joining teams (all members living locally to their care homes) of a minimum of 4. They form a supportive relationship with their care home, friendships with the residents with dementia, and their own friendship groups.

Benefits are broad and cover residents, care staff, relatives and the volunteers themselves in equal measure. Currently we have teams in 54 care homes, managed locally by an area coordinator, with leadership from the volunteer manager. We believe this programme is unique and are currently working on a campaign to share the process via a manual and training videos (funded by the Utley Foundation).

Volunteer Hours in kind 2019: 20,800 hours @ £8.72 (current minimum wage) = £181,379.

Number of homes we were in: 52 Homes and 3 Day centres.

Approximate number of active volunteers: 379 plus 43 not active at present due to personal circumstances.

Number of Residents we sang with (approximate based on increased average from 2018 of 14 residents per session): 588 residents each week/fortnight.

Cost pa (2019): £51,263, averaging out at £4 per person per session.

"After singing in harmony a resident kept saying "Wonderful" to himself; I asked him what was wonderful and he said, "This wall, this wall of music that I'm in"" - Mindsong Volunteer.

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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2019

ACHIEVEMENT AND PERFORMANCE

Fundraising and Sponsorship from the Volunteers

Many of our residents' families support Mindsong with donations from their funeral collections, and volunteers are often invited to come along and sing at residents' funeral services.

Our volunteers, many of whom are in choirs and other singing groups, also offer Mindsong as their chosen charity for profits from concerts. We were also, through one volunteer and her choir, the chosen charity this year for Thames Water's charity programme.

Choirs and events that have given the proceeds this year include: Splash of Red, Fairford; River Room Sessions, Coln St. Aldwyns; The Stuart Singers, Cheltenham; the Woolstone Choir, Woolstone.

Charles Scott, our Forest of Dean Area Coordinator, also raised over £1,000 for Mindsong with a cd that he put together, writing all the songs himself, and involving many different artists and a number of volunteers from the area. It was a huge undertaking and a great fundraiser and gift for Mindsong.

FINANCIAL REVIEW

Our policy on finances and reserves

Where possible we aim to begin each calendar year with funds in place for that year. We look for a broad portfolio of funding which includes grants and trusts, philanthropic giving, donations and earned income.

We ask any funder to see any grant or donation as an investment in the work that we do and its progression. We rarely seek project funding unless we are piloting new work.

Where it is the wish of donors that funding is designated to specific projects, the trustees segregate money as appropriate with a view to allocating it to such projects as soon as practicable.

It is our intention to retain such reserves that will fulfil our obligations as employers, offer flexibility when offering our services to those in crisis and to provide stability when a grant ends.

FUTURE PLANS

We continue to develop, refine and expand the services we offer. We also look at where there are gaps in provision both geographically and demographically, and if there is need we will do our best to address it.

We will look at any opportunities that are offered to us and, where they use our skills and relate to our Objects, we will find innovative ways to take on new challenges.

During the Covid-19 pandemic, we will continue to deliver all our services in whichever way best suits those we work with.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is established as a Charitable Incorporated Organisation and is controlled by its governing document as a Foundation CIO registered on 7 February 2018, as amended 1 March 2019.

How we work and govern ourselves

Mindsong is run by a team of experienced professionals and passionate volunteers, reporting to a board of trustees. Our governing document is our constitution and we are a CIO.

We actively seek to appoint skilled trustees who take part not only in our planning and decision making, but who also take the time to volunteer with our singing groups and to support our delivery.

A large part of our work is delivered by our team of trained volunteers who donate their time and skills to benefit people with dementia.

We do not rent or own premises which helps us keep our running costs as low as possible. Meetings are held wherever we can find good coffee. Cake helps too.

MINDSONG

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2019

STRUCTURE, GOVERNANCE AND MANAGEMENT

Our core team

Karen Lawton, Chief Executive

Julia Glaudot, Administrator

Kate Hicks-Beach, Volunteer Manager

Maggie Grady, Director of Music Therapy

Shirley Grant, Administrator (Music Therapy)

How to contact us

Administration Office: PO Box 205, Tewkesbury GL20 9EL

Phone: 01684 219966/273656 07989 936270

Email: admin@mindsong.org.uk

Website: mindsong.org.uk

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales, the Charities Act 2011, Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 20 October 2020 and signed on its behalf by:



Helen Owen - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF MINDSONG

Independent examiner's report to the trustees of Mindsong

I report to the charity trustees on my examination of the accounts of Mindsong (the Trust) for the year ended 31 December 2019.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCA which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Roger Downes
FCA
Andorran Limited
6 Manor Park Business Centre
Mackenzie Way
Cheltenham
Gloucestershire
GL51 9TX

20 October 2020

MINDSONG

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2019

	Notes	Unrestricted fund £	Restricted fund £	31.12.19 Total funds £	31.12.18 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		47,184	-	47,184	56,288
Charitable activities	2				
Charitable		193,146	50,000	243,146	62,532
Other income	3	-	-	-	126,695
Total		240,330	50,000	290,330	245,515
EXPENDITURE ON					
Charitable activities	4				
Charitable		187,196	48,239	235,435	122,458
NET INCOME		53,134	1,761	54,895	123,057
Transfers between funds	12	14,799	(14,799)	-	-
Net movement in funds		67,933	(13,038)	54,895	123,057
RECONCILIATION OF FUNDS					
Total funds brought forward		100,019	23,038	123,057	-
TOTAL FUNDS CARRIED FORWARD		<u>167,952</u>	<u>10,000</u>	<u>177,952</u>	<u>123,057</u>

The notes form part of these financial statements

MINDSONG

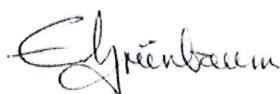
**BALANCE SHEET
31 DECEMBER 2019**

	Notes	Unrestricted fund £	Restricted fund £	31.12.19 Total funds £	31.12.18 Total funds £
CURRENT ASSETS					
Debtors	10	2,027	-	2,027	2,160
Cash at bank		<u>171,290</u>	<u>10,000</u>	<u>181,290</u>	<u>122,019</u>
		173,317	10,000	183,317	124,179
CREDITORS					
Amounts falling due within one year	11	(5,365)	-	(5,365)	(1,122)
NET CURRENT ASSETS		<u>167,952</u>	<u>10,000</u>	<u>177,952</u>	<u>123,057</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>167,952</u>	<u>10,000</u>	<u>177,952</u>	<u>123,057</u>
NET ASSETS		<u>167,952</u>	<u>10,000</u>	<u>177,952</u>	<u>123,057</u>
FUNDS	12				
Unrestricted funds				167,952	100,019
Restricted funds				<u>10,000</u>	<u>23,038</u>
TOTAL FUNDS				<u>177,952</u>	<u>123,057</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 20 October 2020 and were signed on its behalf by:



Helen Owen - Trustee



Elaine Grunbaum - Trustee

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2019**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The trustees have considered the funding required by the charity for a period of more than 12 months from the date of approval of these financial statements. The charity relies on several sources of funding to raise its income and has secured sufficient funding for the foreseeable future to meet its operational plans. On this basis, the trustees consider the charity to be a going concern and have prepared the financial statements on that basis.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2. INCOME FROM CHARITABLE ACTIVITIES

		31.12.19	31.12.18
	Activity	£	£
Grants	Charitable	120,000	46,500
Care home contributions	Charitable	22,523	11,056
Other music therapy income	Charitable	6,387	2,156
Other delivery	Charitable	3,524	2,740
Clinical commissioning	Charitable	<u>90,712</u>	<u>80</u>
		<u>243,146</u>	<u>62,532</u>

3. OTHER INCOME

Other incoming resources in the comparative figures represents the transfer of funds from the unincorporated charity of the same time at the time that the CIO began operations.

MINDSONG

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2019

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 5) £	Support costs (see note 6) £	Totals £
Charitable	<u>234,235</u>	<u>1,200</u>	<u>235,435</u>

5. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31.12.19 £	31.12.18 £
Staff costs	10,683	1,755
Trustees' expenses	-	24
Insurance	517	-
Marketing	1,875	4,045
Cost of fundraising	552	216
Volunteer costs and expenses	52,450	36,802
Delivery of music therapy	101,644	31,745
Clinical commissioning	8,239	12,395
Together in song	853	774
Other delivery	4,057	2,534
Training	1,052	990
Equipment	1,311	716
Travel	2,002	1,266
Administration	<u>49,000</u>	<u>28,716</u>
	<u>234,235</u>	<u>121,978</u>

6. SUPPORT COSTS

	Governance costs £
Charitable	<u>1,200</u>

Support costs, included in the above, are as follows:

	31.12.19 Charitable £	31.12.18 Total activities £
Independent examination	<u>1,200</u>	<u>480</u>

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2019 nor for the year ended 31 December 2018.

Trustees' expenses

	31.12.19 £	31.12.18 £
Trustees' expenses	<u>-</u>	<u>24</u>

MINDSONG

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2019

8. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.12.19	31.12.18
Admin	<u>10</u>	<u>9</u>

No employees received emoluments in excess of £60,000.

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	56,288	-	56,288
Charitable activities			
Charitable	27,532	35,000	62,532
Other income	<u>83,695</u>	<u>43,000</u>	<u>126,695</u>
Total	167,515	78,000	245,515
EXPENDITURE ON			
Charitable activities			
Charitable	67,496	54,962	122,458
NET INCOME	<u>100,019</u>	<u>23,038</u>	<u>123,057</u>
TOTAL FUNDS CARRIED FORWARD	<u>100,019</u>	<u>23,038</u>	<u>123,057</u>

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.19 £	31.12.18 £
Income due	<u>2,027</u>	<u>2,160</u>

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.19 £	31.12.18 £
Taxation and social security	2,078	-
Other creditors	<u>3,287</u>	<u>1,122</u>
	<u>5,365</u>	<u>1,122</u>

MINDSONG

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2019

12. MOVEMENT IN FUNDS

	At 1.1.19 £	Net movement in funds £	Transfers between funds £	At 31.12.19 £
Unrestricted funds				
General fund	100,019	53,134	14,799	167,952
Restricted funds				
NHS Gloucestershire CCG	23,038	1,761	(14,799)	10,000
TOTAL FUNDS	<u>123,057</u>	<u>54,895</u>	<u>-</u>	<u>177,952</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	240,330	(187,196)	53,134
Restricted funds			
NHS Gloucestershire CCG	50,000	(48,239)	1,761
TOTAL FUNDS	<u>290,330</u>	<u>(235,435)</u>	<u>54,895</u>

Comparatives for movement in funds

	Net movement in funds £	At 31.12.18 £
Unrestricted funds		
General fund	100,019	100,019
Restricted funds		
NHS Gloucestershire CCG	23,038	23,038
TOTAL FUNDS	<u>123,057</u>	<u>123,057</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	167,515	(67,496)	100,019
Restricted funds			
NHS Gloucestershire CCG	78,000	(54,962)	23,038
TOTAL FUNDS	<u>245,515</u>	<u>(122,458)</u>	<u>123,057</u>

MINDSONG

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2019**

12. MOVEMENT IN FUNDS - continued

Restricted fund - NHS Gloucestershire CCG

Funding for the charity's 'Arts on Prescription' service, 'Breathe in Sing out', supporting people with chronic lung conditions through singing groups.

Transfers between funds

Transfers are made between restricted and unrestricted funds at the end of every accounting period in cases where:-

- i) the activity of the restricted fund has come to an end and there is an unspent balance that is not repayable to the funder(s), when the surplus is transferred to unrestricted funds; and
- ii) the restricted fund is in deficit and has either come to an end or there is no prospect of a surplus in a later period, when the deficit is eliminated by transfer from unrestricted funds.

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2019.